

# **Team Building Skill Course**

Project Based Immersive Learning Course

PROBLEM-SOLVING

#### **Team Building Skill Course Overview**

Team building is an essential component of completing a project successfully since it requires team members to work together in order to achieve a common goal. Team members are better qualified to contribute to the team's success when they have the necessary abilities and knowledge. The process of team building frequently includes a variety of activities that allow team members to work together, create trust, and learn the skills needed to succeed in a professional setting. Finally, team building is about developing unity among team members to achieve project success. When team members have the necessary talents, they can work together to achieve the required goals. Every line will be explained in a simplified manner in this skill training course.

# Benefits of Team Building Skill Course:

Courses on team building skills can be very beneficial for both individuals and organizations. The first benefit is that it can improve teamwork and communication, which will increase output and efficiency. Additionally, it may create a culture of understanding, confidence, and respect among team members, which will enhance team dynamics and promote a productive workplace.

Additionally, team building activities can give participants the chance to develop their leadership and problem-solving abilities as well as learn effective conflict management. In the end, investing in

team building skill training can result in a more successful team that works better together, which can help an organization, succeed as a whole.

# Who should learn?

- Entrepreneurs
- Directors, C- Level Executives
- Senior Management Team
- Heads of the Departments
- Strategic Planners, Business
   Analysts

- Team Managers
- Team supervisors
- Emerging Leaders
- Return to work Professionals

#### Why Team Building Skill Training Course from Education Nest

- Free Demo on Request
- Live Interactive Learning
- Lifetime Access
- Flexible Schedules
- 24x7 Support
- One on One Doubt Clearing
- Real Time Project-Based Learning
- Certificate Oriented Curriculum

#### **Key Skills Covered:**

- Communication
- Collaboration and Teamwork
- Leadership Skills
- Trust and Respect

- Creativity and Innovation
- Time management
- Problem-solving
- Emotional intelligence

- Active listening
- Decision- making

- empathy
- conflict- resolution

# **Team Building Skill Training Course Syllabus**

### **MODULE 1: (Introduction of Team Building)**

- What is a Team?
- What is team productivity?
- Types of teams
- The traditional, self-directed and virtual teams
- Characteristics of Teams
- Characteristics of Productive Teams
- How to get the best productivity for self?
- Impact of your contribution on the team productivity
- Skills to adopt for productivity enhancement
- Avoiding some common errors

#### **MODULE 2: (The Phases of Team Development)**

- Five stages of Team Development
  - Stage 1: Building a Foundation
  - Stage 2: Navigating Conflict
  - o Stage 3: Finding Common Ground
  - Stage 4: Achieving Goals
  - Stage 5: Closing Out Projects
- The Leader's Role in Each Stage of Team Development
- The Follower's Role in Each Stage of Team Development

#### **MODULE 3: (Skills Required for Team Development)**

- Understand the cycle of success
- Goal setting and goal focus for success
- Understand the skills of Communication
  - o Positive vs. negative communication
  - Exerting Control over your conversation
  - Managing emotions
  - Sharing Feedback
- Planning for productivity

#### **MODULE 4: (Relationship Building and Performance Management)**

- Interpersonal Relationships
- Conflict Management
  - Creating and sustaining positive emotions
  - o Understand how to handle differences in the team
- Characteristics of High Performing Teams
  - Staying in the zone of Productivity
  - Reasons for low performance
  - Consistency in performance

#### **MODULE 5: (Team Engagement)**

- Why teams succeed?
- Why teams fail?
- Activities for Team engagement
- Handling Team Meetings
- Brainstorming in teams

- Solving problems as a Team
  - Building Consensus
  - o Sharing learning's and wisdom in the team

#### **MODULE 6: (The Performance of the Team)**

- Identifying the right metrics for team performance
- Communicating the metrics for Team performance
- Quantifying the performance of result-oriented performers
- Rewards and recognition
- Setting an example for other team members

#### **MODULE 7: (Internal Customer Satisfaction)**

- Understanding Internal Customer Satisfaction
- Benefits of Internal Customer Satisfaction
- Identify workflow to measure individual satisfaction
- Identify metrics to measure individual satisfaction
- Understand how to include your team in the process
- Best Practices to measure internal customer satisfaction

#### **MODULE 8: (Self-Motivation)**

- Strategies for Effective Self-Management
- Tips for Staying Motivated and Driven
- Techniques for Inspiring Yourself
- Methods for Motivating and Encouraging Others

#### **Career Support**

### **Profile Building:**

Experienced professionals are available to offer tailored assistance in crafting your CV and online profiles, taking into account your unique educational and experiential background.

### **Interview Preparation:**

The upcoming interview preparation service will include personalized one-on-one sessions and the option for mock interviews if needed.

#### Job Referrals:

At Education Nest, we receive a variety of job requirements from diverse sources such as organizations, our clients, HR consultants, and a vast network of Education Nest currently employed in different companies. We strive to meet these varied requirements to the best of our abilities.

## **Continuous Support:**

We offer continuous support for as much time as you need it, and a considerable number of our learners receive multiple interviews offers and promising employment opportunities as a result of the abilities they gain during the program.